# **INFORMATION**

# STICK WITH IT SLOW BUT SURE

NEWSLETTER OF THE IN GROUP: THE INFLAMMATORY NEUROPATHY SUPPORT GROUP OF VICTORIA INC. Supporting people with acute Guillain-Barre Syndrome (GBS) & Chronic Inflammatory Demyelinating Polyneuropathy (CIDP) Postal Address: The Secretary, 66 Eva Street, Clayton, 3168.

Newsletter Co-ordinator: Melva Behr, 44 Mavis Ave., Beaconsfield.

Telephone: 9707 3278.

### **Christmas Luncheon**

What a great day! As always everyone was in good cheer. We celebrated with many members meeting at the Balwyn Library.

The wonderful lunch was enjoyed by all and thanks must go to the committee and members for their efforts in preparing such wonderful fare.

Our special guest, Patron Richard Stark, spoke from the medical fraternity viewpoint saying how a support group for people with inflammatory neuropathies is so important.

He thanked James for all his efforts over the years.

He then presented to James and Betty a mantle clock appropriately engraved "From The IN Group In Appreciation, 2006."

Member, Jan Lane gave us an insight into how it felt for her when trapped in a motionless body with GBS.

It was a moving, educational and inspiring story of recovery. It has been used by various hospitals to train staff who treat other GBS patients.

Jan also displayed some of her Art which was quite fascinating.

The Dutch Auction was again a great success with our master auctioneer Ken Clarke working his magic, ably assisted by "the collector of monies", Doug Lawrence.

For first time visitors (some from as far away as W.A.) it was a bit daunting, but all soon understood the concept

and joined in the fun of the day.

As usual the generosity was overwhelming and the committee would like to thank all those who donated and/or participated for making this such a special event.

We raised a new record of just on \$1200 from this our major fundraiser for the year.

The Committee wishes all members and their families the very best for 2007.

#### WALKING FRAME

If you need a walking frame Ken Clarke has one he would like to donate. Ken can be contacted on: 03 5722 1183

#### **Committee News**

As a Committee we are humbled by the generous donations people make to The IN Group.

At this time, we especially acknowledge those specifically given as a tribute to the work of James and Betty. At our first Committee Meeting it was voted that Doug Lawrence continue as Treasurer. Doug's address is 26 Belmont Rd., Glen Waverley, 3150.

#### **Meeting Dates for '07**

Wed -Feb.14<sup>th</sup> 7.30pm

Sun-May20<sup>th</sup> 1.30pm\*

Wed-Aug. 8<sup>th</sup> 7.30pm

Sun-Nov.11<sup>th</sup>12.30pm

Our Annual General Meeting is the August meeting.

\*Many members requested a day meeting in Winter via the Questionnaire.

# The Questionnaire

Thank you for your support in returning the Questionnaire.

The information is being correlated and Melva Behr will follow up in the near future.

# E-mail Mailing List

If you would like to be included on The IN Group email mailing list please send an email to John Burke at the following email address: jburke@contracts.com. au.

Newsletter articles can be mailed to 44 Mavis Ave., Beaconsfield or behrsden@optusnet. com.au. If you use *hotmail* or have junk mail filtering software running you will have to include the above email addresses in your "safe list" otherwise *hotmail* or your junk mail software is very likely to delete our emails.

## **CLUSTER GROUPS**

We are fortunate to have a couple of Cluster Groups who meet in country areas.

Margaret Lawrence, will be joining the Geelong group at their February meeting.

#### **Special Notes**

"A Road to Recovery A-Z" and "Boy, is This Guy Sick" are being reprinted. Orders will be filled asap.